

hairfall

DATE 9 3 13

Manpreet Gulati

Myself Manpreet Kaur Gulati I was suffering from hairfall past 5-6 years. Past 2-3 months it became severe. So severe that when I comb or when I had head bath I could see a handful bunch of hairs on the floor & in comb.

It used to be such a trauma.

Before coming here, I had tried a parlour treat ment which helped for a while but after I stopped, the problem was back & now more severe. It was then I decided to come to Dr Sunil Mehra.

My friend offered. She was undergoing treatment for hairfall only.

She had told me go & experience that time I didn't understand but when at my first visit I realized what she said.

On my first visit, I told doctor all about myself & I told him that I am very bad at having medicines regularly. He assured me that this he will take care. & my God -- All the spanking he gave the methodology he followed, the weekly enlightenments made me a regular medicine taker which was a & really hard to achieve for me. He told me to maintain a diet diary & get it checked weekly. I maintained it, every time he scrutinized.

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and helped me understand in his own unique way what not to have what to have. Then after two weeks I was able to see the results 60-70% improvement. Now this made my faith stronger in his practice. I followed him religiously in 3rd week and I even lost 1 Kg. After a month I had done away with my problem upto 90%. More than that, volume of my hair has increased, quality, sheen also can be seen.

Dr. Sunil Mehra practices medicine in his own unique but effective way. Every visit is an enlightenment about your body, your food and a realization of what all wrong we have done so far. I appreciate the books given to the patients to study. They are actually very terse & an eye opener. Dr. Mehra is honest & terse which enabled me to trust him & results surely enhanced the degree of trust. I feel he has showed me ^{all together} ~~all the~~ different face of life. His approach of telling you what is ideal has made me do what is practice. Had he been lenient with me I would

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not have improvised. I thank him for being stern, rigid & firm with me.

It's just like my mother scolding me for doing all wrong things. He answers all your queries in convincing & logical manner.

I am satisfied with the fee structure. It is neither so high nor very cheap. It is just right & the format he follows while taking fees also help to maintain a regularity. The helping staff are also nice. Each & every message ^(sms) of yours is always attended & duly answered.

I am really happy with the response & today after I met one of a patient who told me how happy she is with the results wherein her daughter was suffering from cough since years. was ~~improvement~~ results. I have become more convinced. Only thing I found after discussing with her was that she followed doctor's methodology 100% religiously. I also would do the same.

I am sincerely thankful to doctor for all his inputs and ^{I believe in doctor & also} wish & pray for betterment in health of all patients visiting him. Next page

Patients name — Manpreet K. Guleri

Ph no — 

— Hairfall

Reason told by doctor — ageing, improper maintenance.

Recovery — 90%

Duration — 1 month.

STILL ON MEDICATION